

Do dope, Loose hope.

Drug use is life abuse!

Hugs not drugs.

Drugs aren't cool they
make you act like a fool.

Little Twinkle
little star, if you are
a drug user you
won't go far.

Don't huff! Don't Puff!
Keep away from that stuff!

Be drug free, Be the best uhh
can be!

Graphic Exa
Deemed to be
University

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Drugs



Abuse



Alcohol



Addict



Marijuana



Dehradun Youth
against Drugs



Peddling - Causes,

Repercussions, challenges

in stopping it and

possible solutions.....



Dehradun district alone accounts for over 70% of drug hauls in Uttarakhand. Sources say an ever increasing number of educational institutes in Doon and the district's proximity to Uttar Pradesh and Himachal Pradesh are the key factors for the spread of drug network.

The Dehradun police has nabbed over 539 drug peddlers this year, seized drugs worth over Rs 6.79 crore and booked 391 cases under the Narcotics Drug and Psychotropic Substances (NDPS) Act.

According to the police, over 86 Kg 'charas', 4 Kg smack, 11 Kg opium, 100 gm heroin, 70 Kg 'ganja', 73 Kg bhang 'patti', 128 Kg 'doda post', 16,855 drug tablets, 6647 injections and 20,867 capsules have been seized in the district.

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The police has increased vigil on the border along Uttar Pradesh and Himachal Pradesh ahead of the New Year. Intensive checks of vehicles and drivers are on.

Recently, the Doon police is preparing to clamp down on drug paddlers. The Doon police in Dehradun are preparing to crack down on drug addicts. The Doon Police is going to run operation Satya in view of the ever increasing drug business.

Starting from October 1, this campaign will run for 30 days, in which the big action police will do drugs. In this campaign, action will be taken against drug dealers in all the localities of the Capital. Drug paddlers will be in the police radar who spread drug business even to minor children.

In Dehradun, the addicts arrive from Bareilly, Saharanpur and Himachal, on which the police will now take action with this operation.

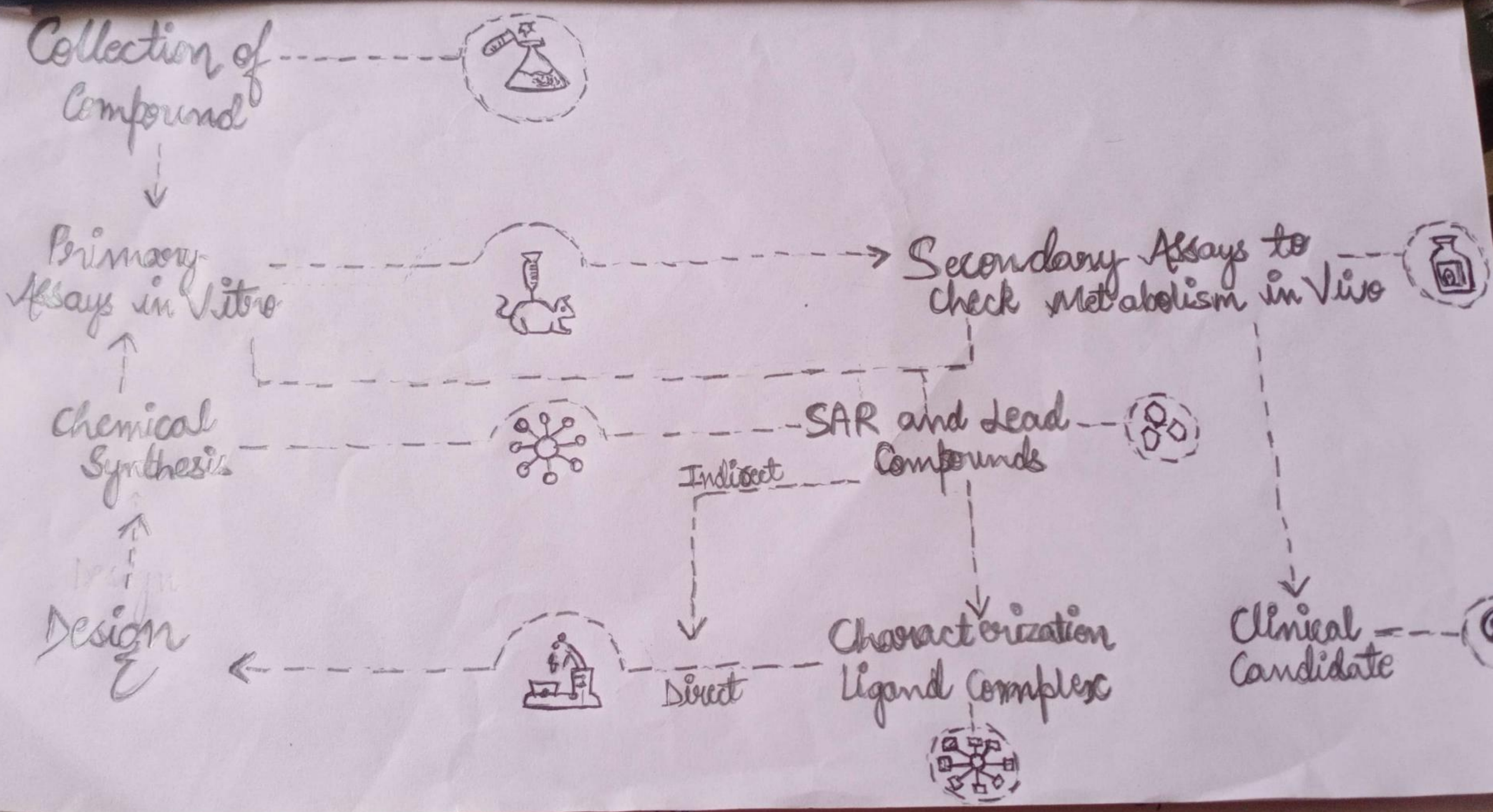
On this, SSP Anun Mohan Joshi says that drug can be removed from the Capital only with strict action.

The Campaign has been entrusted to SP crime Lokjeet Singh, under whose leadership a month-long operation Satya will break the network of intoxicants and at the same time give information about children to stay away from intoxicants. If the child's family is strict action will also be taken.

Steps in

Drug Discovery

Cycle.



More and more children are taking to alcohol consumption and the highest percentage of children who are addicted to alcohol are in Jharkhand followed by Punjab, West Bengal and Uttar Pradesh.

Reasons.

1) Stress Buster:- Sometimes students tend to get into drugs if they are in a technical institute (medical or engineering), because of their studies or work pressure.

Such students are generally alone and away from homes, therefore to cope up with all the stress around them, they end up using drugs.

2) Peer pressure:- Peer pressure and other psychological factors can cause teens to engage in risky behaviours, leading to substance abuse.

Youth can get attracted to the glamour attached to drug taking.

When children see their elder ones consuming drugs, they also try to do the same.

3) Suffering and deprivation:- People in the lower income group who cannot have an adequate amount of food, take drugs to sleep or relax.

4) Drug subculture:- That is prevalent in the country.

5) Flaws in the legal system:- The cause behind drug menace is the drug cartels, crime syndicates and ultimately the ISI which is the biggest supplier of drugs.

Rave parties have been reported in the country where intake of narcotic substances is observed.

Social media plays an important role in organising these parties.

EMPTY

MISERY

ROCK
BOTTOM

PAIN

CRAVINGS

DESPERATE

HORRIBLE

LOST

ADDICTED

SAD

ANGRY

DEPRESSED

WANT TO ESCAPE

CRASH

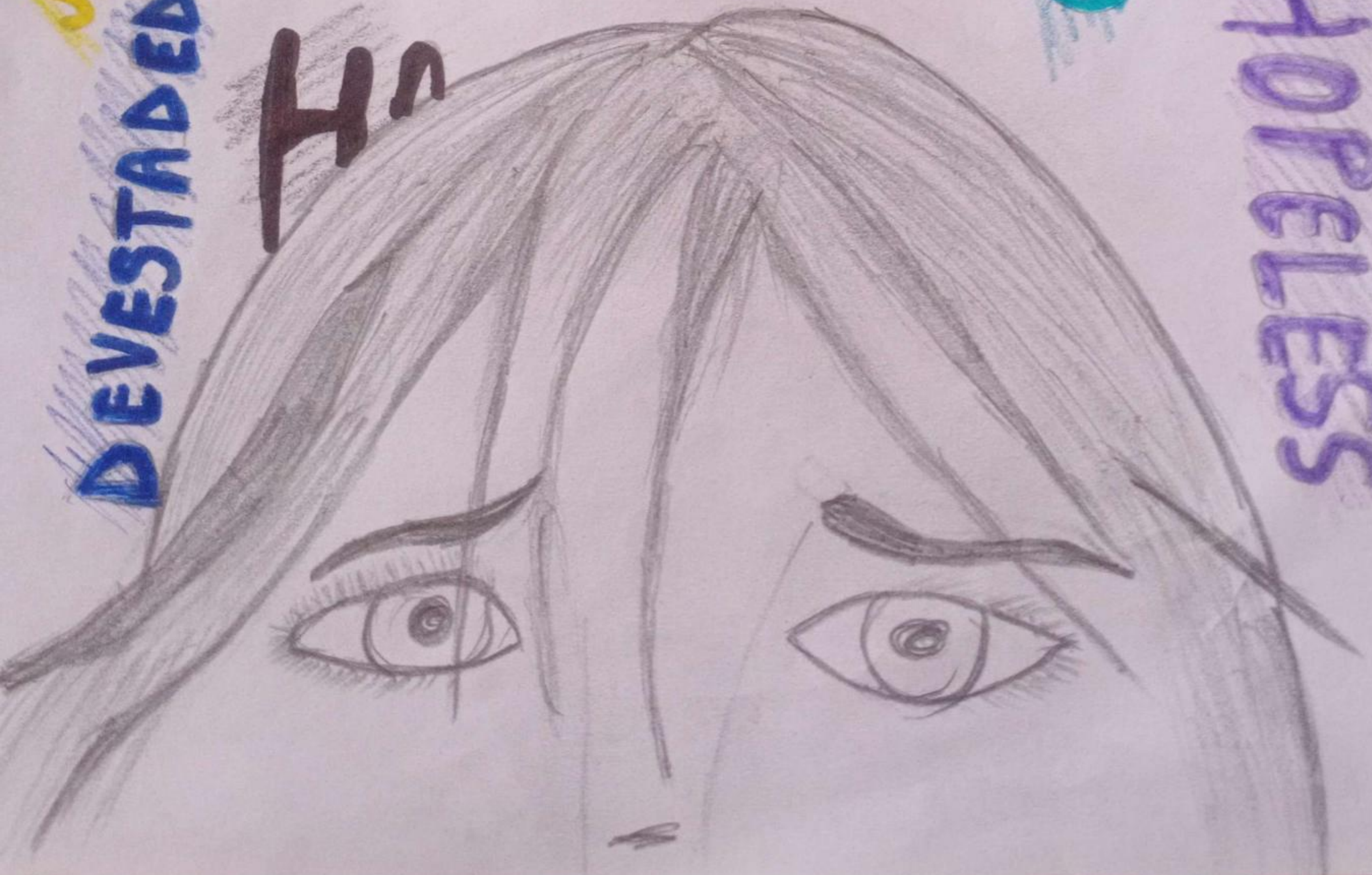
LIE

DEVASTATED

HA

HOPeless

STEAL



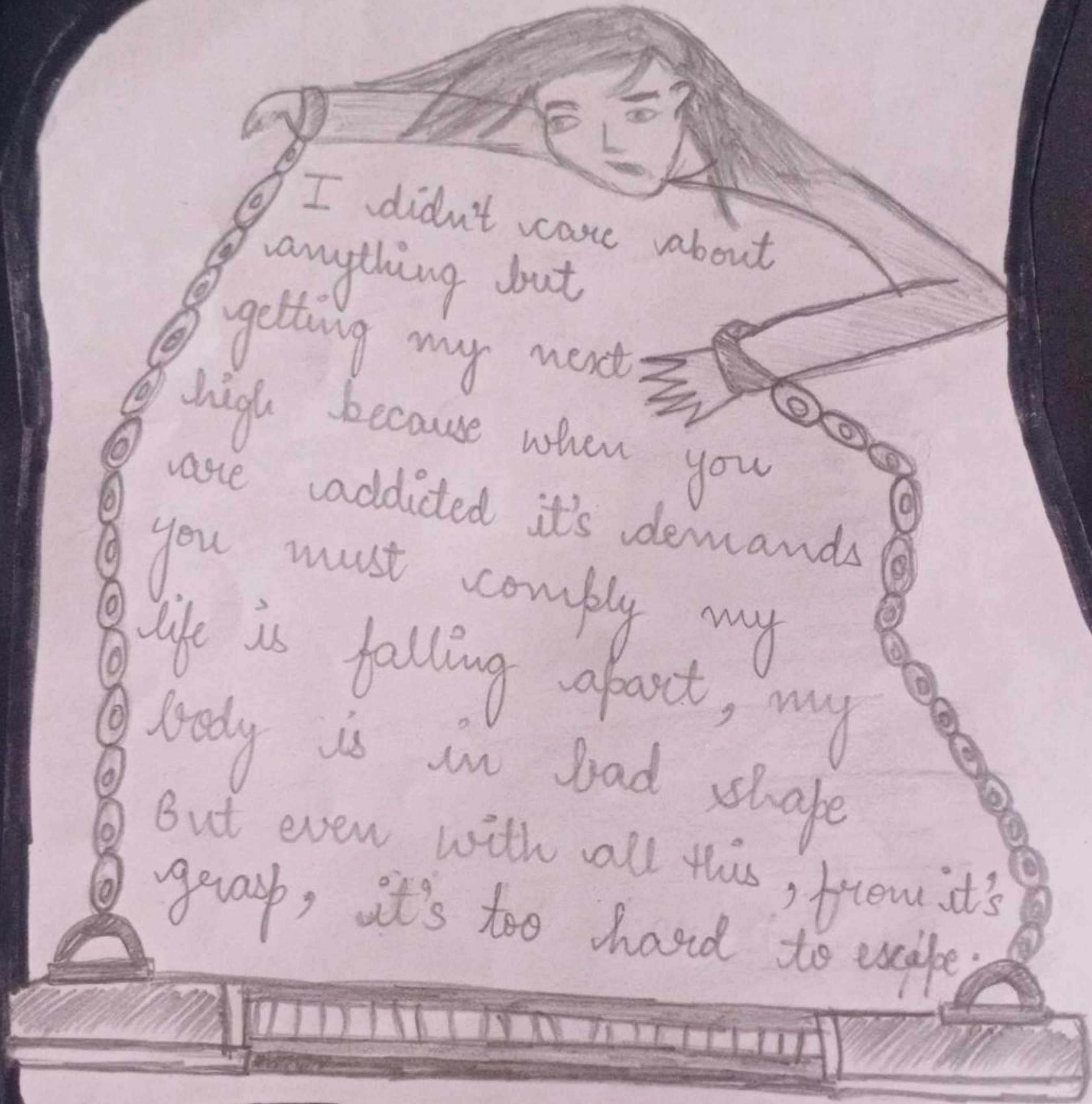
Say no
to drug

Say no
to drug

Say no
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Say no
to drug

Say no
to drug



I didn't care about anything but getting my next high because when you are addicted it's demands you must comply my life is falling apart, my body is in bad shape But even with all this, from it's grasp, it's too hard to escape.

Say no
to drug

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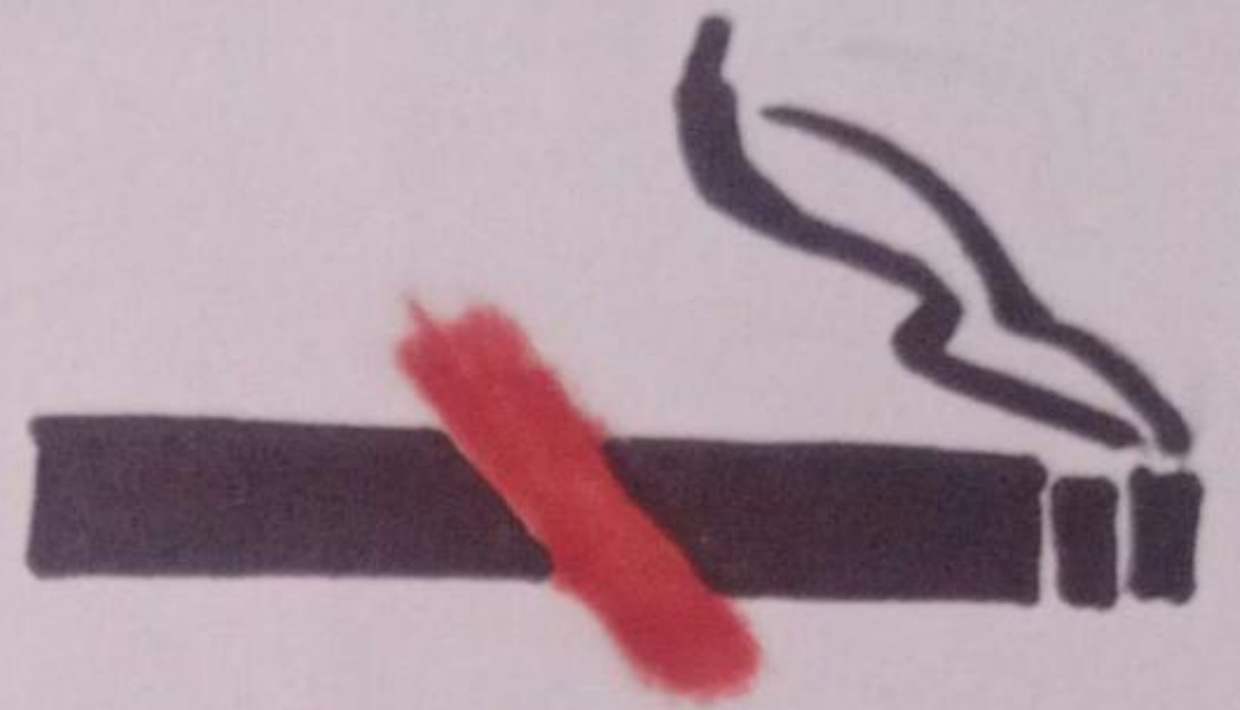
Say no
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Challenges:-

- Legally available drugs such as tobacco are a huge problem.
- Tobacco is usually seen as a gateway drug: which children take just to experiment with, and gradually they progress to alcohol and the cannabis.
- Currently, the country has more of the young population with disposable income where willingness to take risk is high. The availability of drugs in the country makes it a lethal mix.
- Lack of availability of rehabilitation centres in the country is a big issue. Also, NGOs operating de-addiction centres in the country, have failed to provide the required kind of treatment and therapy.

Say
No
to Drugs





Solutions:-

• Voluntary Process:- It is well within one's mental and spiritual powers to quit addiction.

There is a need to admit that one has a problem of drug addiction and then she/he needs to look at the lives of such people who had been, once, through the worst period of addiction and have now come out of that.

→ At the same time, help from physicians, psychologists, as well as strong support from family, is required.

• Stigma:- Addiction should not be seen as a character flaw, but as an ailment that any other person could be struggling with.

Therefore, the stigma associated with drug taking needs to be reduced. Society needs to understand that drug-addicts are victims and not criminals.

→ Certain crop drugs which have more than 50% alcohol and opioids need to be contained.

• Strict action is required from police officers, at the excise and narcotics department to curb the problem of drug menace in the country.

- Radical political decisions like that one of alcohol prohibition in Bihar may be another solution. When people do not exercise self-control, a state has to step in, as part of the Directive Principles of State Policy (Article 47).
- Education curriculum should include chapters on drug addiction, its impact and also on de-addiction. Proper counselling is another alternative.
- There is a need to strictly implement the Narcotic Drugs and Psychotropic Substances (NDPS) Act.