

Q. Youth against Drug Peddling - causes, repercussions, challenges in stopping it and possible solutions.

Young generation has the key role in shaping the future of a nation. Any country can ride on high growth trajectory if it is blessed with the more numbers of youths on demographic chart. But sometimes the youth may cause big damage to the reputation of a nation and also may become biggest threat to the country itself if the youth get misguided with wrong human-principle and belief. It is because the youth has huge amount of energy, - ambitions, new ideas, sky rising potential etc. If these applied by them in negative sense then it can result the negative impacts of positiveness and goodness.

Young generation has the key role in shaping the future so it is very much compulsory to develop them in right direction from very beginning of their schooling period. Today I feel the schools are more busy to produce good and intelligent professionals. But these

professionals sometimes may not be good human beings. It is because the schools are paying less attention towards human values learning. Literature are becoming poor. Everybody are busy in competition and trying to ride on the top in every competition. But nobody are ready to first become best human beings with high ethic. It was a time when teachers were getting respect everywhere with high moral and enthusiasm and human ethic was ruling the whole society. But today money is ruling the mindset of the people and goodness of the human characteristics is crying in a dark corner.

Drug addiction is one of the biggest problems in our society today. It is not only a personal problem that dramatically affects individuals lives, but it is a major problem that affects the society as whole.

Therefore, it is necessary for us to think of the reasons people take to drug addiction, how it affects us, and the method to solve it.

Listen to the article :

"Charlie, you get green", "Jack, where my leg dey?"
"Abi you for take me home, I booze waa."

These and others are some of the words used by the drugs addict especially the youth of today. The drug menace has become a social canker and a lot more people meet their untimely death in this drug trafficking and the use of illicit drugs. Some either become mad the first time they use drugs and others end up dead as reported in dailies nowadays.

Drug abuse is the illicit, non-medical use of limited number of substances, most of drugs which have the properties of altering the mental state of a being in ways that are considered by social norms and defined by salute to be inappropriate, undesirable, harmful, threatening to the life of the user and to the society at large. Alcohol, heroin, cocaine, opium, marijuana are some of the drugs abused.

Generally, the youth seem to be the target of this drug menace and its abuse, Curiosity, peer pressure, and availability of drugs such

as cigarettes and alcohol are the immediate causes of drugs abuse amongst the youth.

In the company of bad associates, friends are pressured to indulge in the use of drugs especially, in the senior high schools.

The authorities of a renowned senior High School of whose name is omitted for security reasons cited their concern on this peer pressure in their school and urged parents to advice their wards before bringing them to school. A young student of their school went mad in their school before they realised that it was his peers who influenced him to indulge in the smoking or Indian hemp for him to be accepted into the group.

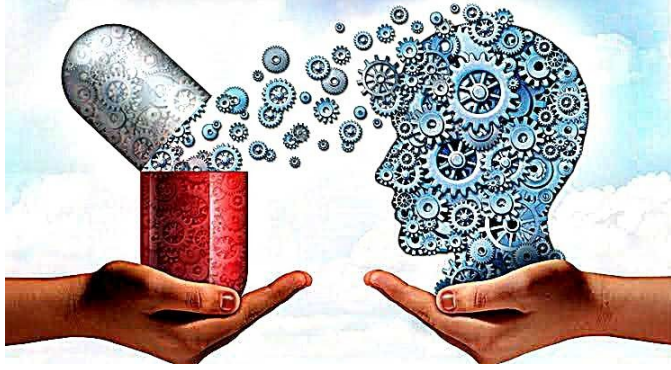
"curiosity" it is said "kills the cat". The youth of today are very inquisitive and curious. They would like to test the efficacy of whatever they see and hear of. This curiosity at times becomes fatal even to the point of death. Some by their curiosity go in to deal with drugs and become addicts.

the changing trends in company (economy), the youth indulge in drug trafficking, abuse and peddling with drugs in the name of employment. Today, a lot of the youth are involved in this drug trade. Poverty therefore becomes a prime cause for this drug menace coupled with the negative attitude of the youth. This attitude is the "make quick money". The youth today has this idiom, "get rich early or die trying".

There are numerous causes and effects of drug abuse. One as a parent needs to let their child know the short-term and long-term effects of using drugs. According to the California University State Police, the short-term effects of using drugs can consist of a rush, depressed, respiration, clouded mental functioning, nausea and vomiting, suppression of pain, and spontaneous abortion. The long-term effects of using drug are infectious disease, collapsed veins, bacterial infections, abscesses, infection of heart lining and valves, and arthritis or other rheumatologic problems ("Drug awareness", 2010). Teenagers should know this so they know these consequences. If they do start using drugs as addiction.

The spread of sexually Transmitted infections such as syphilis, Hepatitis C and deadly disease HIV/AIDS become rampant. We are made to believe that certain drugs such as alcohol and marijuana tend to arouse the sexual feelings of the user.

This to the best of my knowledge is the cause of the rampant rape cases aired on our radio networks. These unsafe sex behaviours of drug addicts lead to the spread of disease afore mentioned. After abusing the drug and their sexual feeling arousing, they seek to dispose off these by fair and foul means and victims end up being mothers of bastards and some attracting deadly diseases. And if once we started consuming drug then there is no going back, you will be addicted. It will get worse at times and will be difficult to stay without it. When drugs will not be available then the consumer would do anything he could do to have them whether it's the right option or not.



Date _____

There are few but important solutions to prevent drug peddling, they are follows -:

1. Insists on regular and varied family time -
Research from the National Association for Children of Alcoholics indicates that children of parents who spend a lot of time with them are less likely to become addicts later on in life.
2. Get the kids involved in family projects -
Kids want to help out, even if they don't seem to act like it. Getting them involved in family projects grows morality and a sense of team work in the family, and that is a natural deterrent to substance abuse.
3. Talk to the kids about drugs -
The Substance Abuse and Mental Health Services Administration indicates, that, when parents talk to their kids about drugs and educate them on a subject, those kids are four-hundred percent less likely to abuse substances later on in life. It's because these kids now know what is at stake, a luxury most kids do not get because only thirty percent of parents have these conversations with their kids.

4. Be open and honest with the kids about previous drug abuse of your own -

5. Insists that the community gets involved in drug abuse prevention -

When the community and schools get involved in raising awareness and educating the young people and the adults of the risk present with drug abuse, the entire problem reduces in that area.

6. Get all unused pharmaceuticals out of the house - Ideally, a home with children, adolescents, teens, or young adults would not have any potentially addictive drugs in it.

7. Get the kids involved in extracurricular activities -

8. Seek therapy or counselling -

It is not at all uncommon to experience feeling of depression. Drug users often are the people who are attempting to self-medicate for their psychological issues.

9. Maintain a lifestyle that makes you happy.

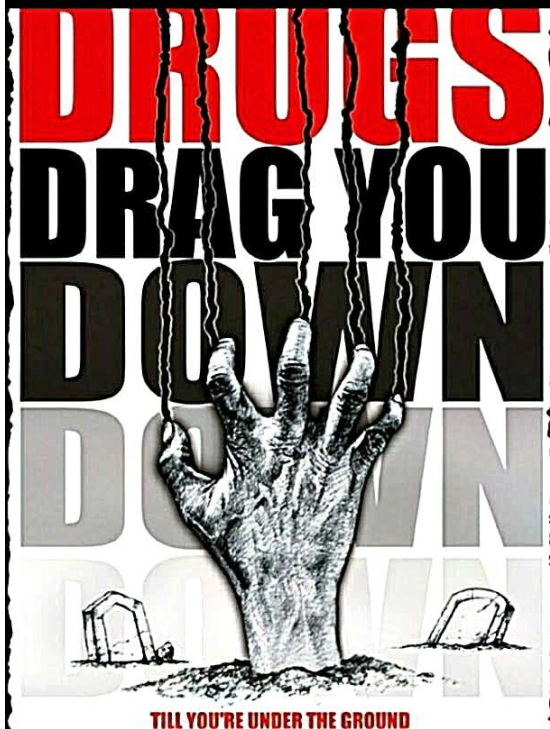
10. Have things in your life that you deeply care about.

11. Find healthy ways to cope with stress.

12. Be as much as social as you can, talk to people and share your problems.

While stopping drug peddling we have to face numerous challenges. The challenges are as follows -

- 1) Banning of Tobacco and cigarettes - These are the basic addition which a young and elder person crave for, because these are easily available. If we see, then about 90 percent of human population in India is addicted to these things. If we ban these then we'll make lot of our enemies and lot of issues and restrictions but this will be productive.
- 2) Banning of Alcohols for youth under ~~20~~ years old - Alcohols should be banned for teenagers.
- 3) Strict action against drug peddlers - Law should punish the drug peddlers in a very strict way, they should not be pardoned, if they are taken lightly then they'll have no fear of law and will continue with their work of ruining youth's life.
- 4) Raïd should be done every month where police have doubts - This will increase the fear of drug peddlers.



TILL YOU'RE UNDER THE GROUND

Date _____

We will come across a lot of challenges, problems during this. We might build up lot of enemies. This will be a difficult task for all of us, it will take lot of efforts and protestors will be protesting against this banning process. But we know that the results will be good. While banning such thing we should keep in mind that the youth could take a wrong step, so for those we should keep counselling at every city, state and area. Schools, colleges, community and NGO's should take a step to give all youth counselling about drug abuse and how to avoid them.

Nothing is impossible neither this, so if we can try it by hard then surely we'll get good result. We only need to take a step towards drug abuse, this step would take us to the positive end.

DISGUISED DEATH

I was like on my bed with tears in my eye,
Want somebody to hear me nearby.
No one came I was all alone,
Then I saw a drug it seems like a clown.
He stayed with me all night and day,
He made me sleep & laugh all day.
I was all his control, he came near me wrapped in a roll.
I was all drown in the shallow sea,
Want to come up but wouldn't be.
I wish I could be the earlier me,
With no headache and no worry.
He tied me in his rope,
He made me dead and num,
My fire disappeared leaving behind no hope.
I was so keen,
But he didn't let me do anything,
'Cause' the drug was known as 'nicotine'.